

# Newsletter

## September 2020



### IN THIS ISSUE

Editor's Desk .....	2
Welcome To The Team .....	3
Upcoming Birthdays.....	4
A Poem To Share.....	5
August Birthdays .....	6
Monthly Review.....	7
Word search.....	8
Round Up .....	9

**“A friend is one of  
the nicest things  
you can have, and  
one of the best  
things you can be.”**

# Hello Residents, Families and Friends...

Welcome to the September edition of our newsletter!  
Well the weather's certainly changed hasn't it ???!



Time to start thinking about all things Halloween....

This month we've had lots of Art Therapy, quizzes & crosswords galore, we've seen the completion of our new Library area, and our beautiful new foyer. We've enjoyed some quiet time, some very noisy time, and lots of lovely pamper days.

Our residents have shared some beautiful memories of past holidays with our "Where Am I?" game, and got quite competitive with the Skittles !! We've even managed to sneak a few cheeky choc ices in when the sun made an appearance !

This month, we'll be looking forward to lots more lovely 1:1 time....Art Therapy, Conversation Dice, Pamper Days, and weather permitting, outdoor as much as possible.

Please be aware, that I will do my best to stick to the planned Activities, as per the Activity Calendars, however, these can change from day to day, due to our residents' needs and choices, as well as the 'lovely' British Weather...we don't want to get a soaking whilst wanting to play outdoor games ;)

Many Thanks for your continued support and understanding – Melanie x



## Coronavirus Update...

We know that this is continuing to be very hard and difficult for you all to not visit and see your loved ones, however, please be rest assured and reminded that we are taking the necessary and important steps in opening back up VERY slowly and carefully, with a lot of planning 'behind the scenes'...

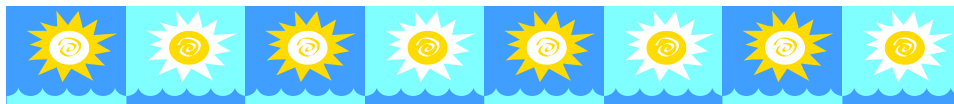
We know and have read that some Care Homes are open; this does not mean that we all are... We have done an amazing job thanks to our dedicated and caring Staffing Teams, to ensure that not only the Residents, but the staff are happy and safe.

We have plans, policies and procedures being looked at, being discussed and ideas of how and when to open, so we know that we can do this safely and sensibly whilst ensuring that we keep this dreadful virus out of our Care Home.

We just ask that you continue to bear with us as you will be the first to know how and when we will do our Visiting Slots.

We can do FaceTime / Skype Calls, so please do continue to let us know and we will arrange times and days together for this to continue.

We really do appreciate your understanding and I think our Teams need a HUGE 'Thank You' for all of what they have done, and will continue to do until we see a 'new normal'.



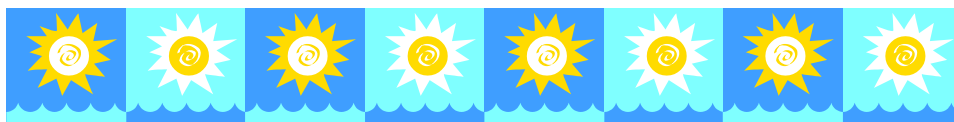
## Welcome to the Team...

Please join me in Welcoming our Newest Member to the Nightingale Staff Team and Family

Rachel Chadwick



Rachel has come to join our Care Staff Team, so when able, do say 'Hello' and help to welcome and settle her into our Teams.



# September Birthdays



This month, we celebrate birthdays with:

Derek – 9/9/20  
Patrick – 11/9/20  
Betty – 11/9/20  
Sheila – 23/9/20

Please join us in wishing them all A Very Happy Birthday !!!

Freddie Mercury 5/9/1946  
Buddy Holly 7/9/1936  
Lauren Bacall 16/9/1924  
Andrea Bocelli 22/09/1958

## **Virgo (Aug 22 - Sep 22)**

Virgos are logical, practical, and systematic in their approach to life. They are perfectionists at heart.

## **Libra (Sep 23 - Oct 22)**

Librans are often considered the nicest and most charming personality in the world!

WOW!

## **Product Birthday Spotlight: Roll Film Camera**

On September 4 1888, George Eastman received a patent for the first roll-film camera and registered the name "Kodak." Eastman's invention revolutionized photography by using coated paper and rollers, rather than heavy glass dry plates, to reproduce images.

## A Poem to Share

Do Not Ask Me  
To Remember

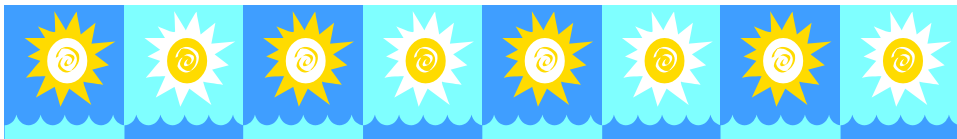
Do not ask me to remember,  
Don't try to make me understand,  
Let me rest and know you're with me.  
Kiss my cheek and hold my hand.

I'm confused beyond your concept,  
I am sad and sick and lost.  
All I know is that I need you  
To be with me at all cost.

Do not lose your patience with me,  
Do not scold or curse or cry.  
I can't help the way I'm acting,  
Can't be different though I try.

Just remember that I need you,  
That the best of me is gone.  
Please don't fail to stand beside me.  
Love me 'til my life is done.

~ Author Unknown



Here's what we have been up to in Picture form...













# A Thankyou To Our Staff.....

## **THANK YOU FOR CARING:**

When someone takes the time to listen,  
When someone reaches out,  
When someone does a thoughtful thing  
That makes you warm throughout.

When someone lends a helping hand,  
Finds ways in which to share,  
When someone makes you feel secure  
By always being there.

When someone senses there are times  
When you have special needs,  
When someone gives you inner strength  
Through words as well as deeds.

When someone seems to take an interest  
In just how you're faring,  
It's time to tell that special someone  
Thanks so much for caring!



## Don't Forget...

Like us on Facebook and Follow Us for Updates, Information and lots more Fun Times Ahead...



Please leave us a Review on Carehome.co.uk and 'show everyone' how proud and grateful you are of our Hardworking and Dedicate Staff Team...



<https://www.carehome.co.uk/carehome.cfm/searchazref/10003025NIGA>

I hope you have enjoyed this Months' Edition of Nightingale's Newsletter.  
I can be emailed on [activities.nightingale@jasminehealthcare.co.uk](mailto:activities.nightingale@jasminehealthcare.co.uk) should you want to send any letters in for me to distribute to your loved ones, or to set up a Facetime / Skype Call.

Thank You again for your understanding through all of this very difficult and testing time.

Melanie x