

## September's Edition



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## Hello Residents, Families and Friends...

Welcome to September's edition of Nightingales newsletter.  
We are taking a look back on what exciting things everyone has been up to in August.

This month has been slightly quieter with Hannah our activities coordinator being away for 2 weeks.

The residents have enjoyed plenty of games of bingo/ group quizzes, pampering coffee morning and word games all carer led.

There has been an Italian theme day which the staff and residents really enjoyed.

Staff and residents took part by dressing up/ wearing Italian color's. Eating Italian food and listening to Italian music.

The dining room was decorated fantastically for the occasion.



## Coronavirus Update...

We know that this is continuing to be extremely hard and difficult for you all to not visit and see your loved ones, however, please be rest assured and reminded that we are taking the necessary and important steps in opening back up VERY slowly and carefully, with a lot of planning 'behind the scenes'...



## BIRTHDAYS!!!!

This month, we  
celebrate birthdays  
with:

23<sup>rd</sup> September SC



## Horoscopes

**Virgo** (August 23 – September 22)

Did someone say money, Virgo? The planet Venus doesn't just rule love but all abundance. When she moves into devoted Scorpio on **Friday, September 10**, cash may be headed your way. Your season comes to a close this month, on **Wednesday, September 22**. Don't worry, though; Libra is here to bring peace to your love life.

**Libra** (September 23 – October 22)

It's your season, Libra! Give yourself a birthday gift by saying goodbye to all of the toxic people in your life. You're the sign of relationships, after all. You only deserve the best. The month ends with a Mercury retrograde, but follow a few tips, and you should be totally fine



# SEPTEMBER

S K O O B S T N L E R S  
I L A B O R D A Y U Q T  
O S O N E R E O M H Y A  
L C H A B E L E E O L S  
E W A C O R N H Z M V D  
A O P U K Z F T W E A N  
V L P D E R L V K W E E  
E L L T S O R R R O S I  
S E E U O E N A O R Q R  
O Y S H O F I M S K R F  
L R C M B A E H U E D O  
T S E V R A H S K T A R  
A F A L L N D A E L U B  
C O N L E R R I U Q S A

ACORN  
APPLES  
AUTUMN  
BOOKS

BREEZE  
FALL  
FRIENDS  
HARVEST

HOMEWORK  
LABOR DAY  
LEAVES  
RAKE

RED  
SCHOOL  
SQUIRREL  
YELLOW

Here is what we have been up to in Picture form...



# A Thankyou To Our Staff.....



## Don't Forget...

Like us on Facebook and Follow Us for Updates, Information and lots more Fun Times Ahead...



My Caregiving Friend.  
When I was lost, you showed the way.  
When I was frightened, you calmed fear away.  
You made me laugh, when I wanted to cry.  
I fail so often and you tell me; "Just try."  
You are my friend, and I forgot your name.  
I called for help and it was you; who came...  
The time is short and soon, I must go.  
There's just one thing left for you to know.  
The sun and rain help to make a garden grow.  
The garden grew well, now winter threatens snow.  
And so, I leave with a final, loving refrain,  
You are the sunshine - I am the rain...  
- Tim Brennan alzheimers.net

Please leave us a Review on Carehome.co.uk and 'show everyone' how proud and grateful you are of our Hardworking and Dedicate Staff Team...



<https://www.carehome.co.uk/carehome.cfm/searchazref/10003025NIGA>

I hope you have enjoyed this Month's Edition of Nightingale's Newsletter.  
I can be emailed on [activities.nightingale@jasminehealthcare.co.uk](mailto:activities.nightingale@jasminehealthcare.co.uk) should you want to send any letters in for me to distribute to your loved ones, or to set up a Facetime / Skype Call.