



Newsletter

January

2023

In this issue

Welcome

Our January activities

Celebrations

Upcoming events

Wordsearch

Thank you

Hello residents, Families & friends.....

Welcome to the January
edition of our newsletter!

In this issue you will find a brief roundup of what we have been doing last month,
And what we've got to look forward to this month.

We have had lots of crafting including , Baking, Reminiscence, Movie morning
and Hairdresser Mondays, Chiropodist Pamper day, Exercise , plus lots more,
We celebrated International days!

We made our very own
celebrated Birthdays Of our Residents
Celebrate Staff birthdays too
We have had lots of family visits & played lots of bingo
Going out, excises
Afternoon tea
Looking at old newspaper's head lines

Also, we have had a variety of tailor-made activities for individual wellbeing time.

Please be aware, that I will do my best to stick to planned activities as per the
activity calendars however these can change from day to day due to our residents
needs and choices.

Many thanks for your continued support, Lisa



Happy work anniversary

13th year at
Nightingale

Our summer



Baking time

Cake and Pizza



Having fun

Chinese new year







Lovely food





Out for a walk , having fun trying hats on ;0 ...
Went to café for a warm drink, Mmmmm what to have ?



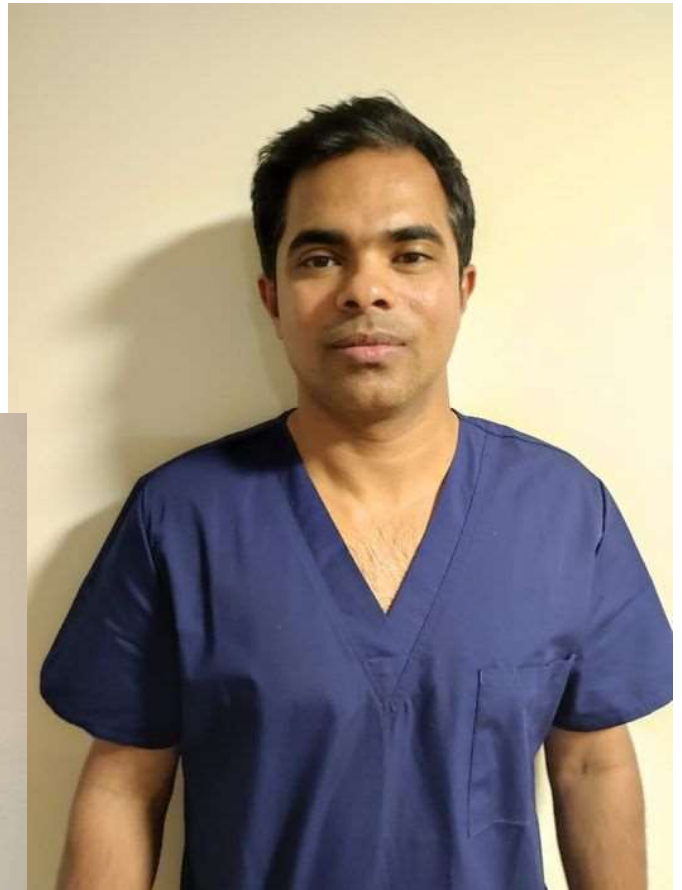
Hot chocolate it is .. very nice too



Beautiful nails ladies

[Grab your reader's attention with a great quote from the document or use this space to emphasise a key point. To place this text box anywhere on the page, just drag it.]

Would like to welcome to
our nightingale team new
staff members



The nightingale arms

Drinks and
dancing



Afternoon tea and a chat





Nightingale news board

Chatting the
afternoon away



Birthday Girl





Hairdressers
time



● Up coming

- Valentines
- Crafts
- Residents and staff birthdays
- Fun days
- More walks to If weather Permitted
- Residents and family meetings
- Chiropodist
- Hairdressers

Thank you for your
continued support

Lisa and
Team Nightingale

Winter Wonderland

Word Search



NIPPY

ICICLE

BLIZZARD

SNOWBALL

SKATING

SKIING

HOTCHOCOLATE

WONDERLAND

SNOWFALL

SNOWFLAKE

SLEDDING

GLISTEN

FROSTY

FROZEN

WINTER

